



What a DofE Expedition with us would look like

	Silver	Gold
Before you go:	<p>Book with our office staff who will arrange your booking paperwork and send you an initial planning pack including:</p> <ul style="list-style-type: none"> • Possible cruising areas • Possible aims of the expedition • Initial information about the boat <p>Before the expedition starts, our skipper will be in contact with the group to discuss options, aims and begin passage planning with the group. Depending on group locations this might be either face to face, via skype or over the phone.</p>	<p>Book with our office staff who will arrange your booking paperwork and send you an initial planning pack including:</p> <ul style="list-style-type: none"> • Possible cruising areas • Possible aims of the expedition • Initial information about the boat <p>Before the expedition starts, our skipper will be in contact with the group to discuss options, aims and begin passage planning with the group. Depending on group locations this might be either face to face, via skype or over the phone.</p>
Practice and Training Phase	<p>3 days 2 nights with staff covering most elements of the RYA Competent Crew syllabus and allowing participants to practice controlling the vessel. During this phase participants will learn more about cooking and eating in an expedition environment.</p>	<p>4 days 3 nights with staff covering most elements of the RYA Competent Crew syllabus and allowing participants to practice controlling the vessel. During this phase participants will learn more about cooking and eating in an expedition environment.</p>
Planning and consolidation day	<p>During this day the group will plan the next phase of their expedition. They will provision the boat for the remainder of their expedition, finalise their aim and consider tides and navigation for the last section of their expedition. If conditions permit, they will meet and talk to their expedition assessor at this stage.</p>	<p>During this day the group will plan the next phase of their expedition. They will provision the boat for the remainder of their expedition, finalise their aim and consider tides and navigation for the last section of their expedition. If conditions permit, they will meet and talk to their expedition assessor at this stage.</p>
Assessed Expedition Phase	<p>3 days 2 nights During this phase the group will take over the running of the boat with participants taking over differing roles on board such as:</p> <ul style="list-style-type: none"> • Skipper • Watch Leaders (overall control of watch) • Sailing Masters (in charge of sail trim for the watch) • Safety Officer (responsible to checking safety of procedures) • Navigator <p>These roles will be changed as appropriate during this phase of the expedition and each watch will remain under the supervision of fully qualified staff at all times.</p>	<p>4 days 3 nights During this phase the group will take over the running of the boat with participants taking over differing roles on board such as:</p> <ul style="list-style-type: none"> • Skipper • Watch Leaders (overall control of watch) • Sailing Masters (in charge of sail trim for the watch) • Safety Officer (responsible to checking safety of procedures) • Navigator <p>These roles will be changed as appropriate during this phase of the expedition and each watch will remain under the supervision of fully qualified staff at all times.</p>
Expedition Debrief	<p>At the end of the voyage the Expedition Assessor will come on board for a debrief from the whole team and receive a short presentation from them about their aim. They will then have conversations with each team member and the Skipper/Mate who has worked with them in order to write up assessor reports which will then be uploaded to DofE.</p>	<p>At the end of the voyage the Expedition Assessor will come on board for a debrief from the whole team and receive a short presentation from them about their aim. They will then have conversations with each team member and the Skipper/Mate who has worked with them in order to write up assessor reports which will then be uploaded to DofE.</p>



Tolken, The Lane, West Mersea, Colchester, Essex CO5 8NT
 Tel: 01206 385071 Email: sailing@offshore.org.uk
www.offshore.org.uk
 Registered Charity No. 1035015

