



**RECOMMENDED MINIMUM KIT LIST
(excluding obvious items)**

- Rapid flow testing kit (2 minimum on voyages longer than 3 days)
- Hand sanitiser for personal use
- Two warm jumpers
- Two complete changes of warm clothing (including one pair of long trousers)
- Soft shoes
- Waterproof footwear / sailing wellingtons (see note below)
- At least two pairs of warm socks
- Sleeping bag (essential) with pillow
- Towel and wash kit
- Suntan lotion and lip salve
- Torch
- Hat, gloves and scarf
- Tidy clothing suitable for shore wear
- Kit bag – no suitcases or framed rucksacks
- Dry bag – to prevent kit from getting wet
- Money - £5.00 for an optional RYA log book
- Tea towel

Please note we supply waterproof jacket and trousers

Waterproof Footwear

All footwear should be non-slip. Sailing wellies are okay but they are expensive so unless you already have some the best option is two pairs of trainers - an old pair to wear on the boat and may get wet and a better pair for going ashore. Soft sailing boots are not suitable as they do not protect and support your feet on deck.

Phones/Cameras

Whilst you are at sea you will be involved in sailing the boat. We do not allow mobile phone usage on deck. Please also remember that you will be in a wet environment and we do not take any responsibility for personal kit that you bring which includes broken mobile phones or cameras.

Safety

Please note for safety reasons it is recommended that jewellery is removed before sailing.

If you are in doubt about what kit to take, please do not hesitate to contact us.



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